



Touch: The Science of Hand, Heart and Mind

By Linden, David J.

Viking. 1 Paperback(s), 2015. soft. Book Condition: New. Why can't we tickle ourselves? Why do footballers who hug score more goals? Why does holding a hot cup of coffee make us feel more positively about people? Touch is the sense that makes us human, posits neuroscientist David Linden. Also the author of *The Accidental Mind* and *The Compass of Pleasure*, Linden shows how this often overlooked sense the first to start working in utero actually shapes our sense of self, defining our experiences and bonding us together. He blends surprising stories and cutting-edge research on pleasure and pain in this revealing look at the biology and psychology of touch. 261.



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